

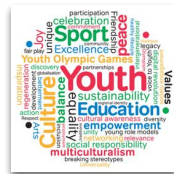
Education and Sport: Judo and the Social Control of Violence

Michel Brousse
University of Bordeaux, France



Education and Sport

- Sport and Citizenship in France
- Questioning the Evolution
- Programs
- Results and requirements
- Sport, judo and education



« Sport Citizens »

« The events of January 2015 have revealed the **deep social and democratic malaise** France has to face: the core of Republican values is **eroded**, the feeling of a destiny in common crumbles, the desire to live together withers away. The inter-ministerial committee ... has defined a strategy and a plan of action to strengthen social ties and foster humane values in order to better live together »

Plan « Citoyen du Sport », August 2015

Charlie Hebdo Shooting, January 2015



Patrick Kanner
Minister of Town, Youth and Sports



Sport to Unite People Beyond Differences

« Sport has a unique and irreplaceable capacity to **unite people**, going far **beyond ethnic, religious or social differences** »

H. S. H Prince Albert II of Monaco



« Sport has become a **world language**, a common denominator that **breaks down all the walls, all the barriers** [...] it is a powerful tool for **progress and for development** »

Ban Ki-Moon, 2nd International Forum on Sport, Peace and Development, Geneva



Sport for a Better World



Fundamental principles of Olympism

Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. **Blending sport with culture and education**, Olympism seeks to create a **way of life** based on the joy of effort, the educational value of good example, **social responsibility** and **respect for universal fundamental ethical principles**

The goal of Olympism is to **place sport at the service of the harmonious development of humankind**, with a view to **promoting a peaceful society concerned with the preservation of human dignity**

Olympic Charter

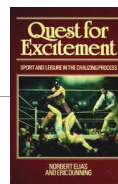


« Sport has a unique power to attract, mobilize and inspire. By its very nature, sport is about participation. It is about **inclusion and citizenship**. It stands for **human values** such as **respect for the opponent, acceptance of binding rules, teamwork and fairness** »

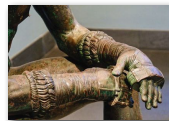
UNOSDP

Questioning the Evolution of Sport

- Norbert Elias, Eric Dunning : **Historical trends**



- The emergence of the **modern state** has tended over the last several centuries to **diminish spontaneous, expressive, interpersonal violence**



- Constrained both by the **increased external power of the state** and by **internalized restraints** modern men and women are much less likely than their ancestors to physically assault one another in outbursts of uncontrollable rage. **We mask our emotions**



- The history of sports, therefore, reveals a **progressive diminution of the level of violence**

The Media Coverage of Sport

- A means of controlling violence ?
- A means of controlling emotions ?
- A means of educating young people ?



The Paradox of Sport

- Surpassing oneself
 - Accepting rules
 - Channeling instincts
 - Combatting communitarianism
 - Bringing people together
 - Reaching social success



Zidane and Ronaldo, The Match Against Poverty



Diambars Football Club, Senegal



Judo and Japanese Culture for a Better World

« Martial arts like judo have the unique ability to **attune mental strength** by **promoting calmness, directness** and **perseverance**. Enhancing mental strength through sports can aid in the decision-making process in **everyday life** and the **fulfilment of personal objectives** »

Wilfried Lemke, Advisor on Sport for Development and Peace,
United Nations Office on Sport for Development and Peace



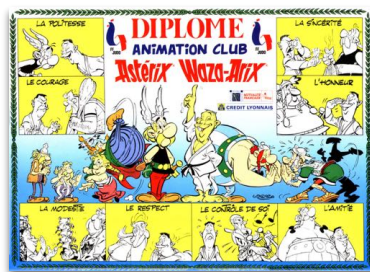
Kano Jigoro's Legacy

• Self-improvement for the benefit of society

• French judo moral code



For adults



For kids

The educative and Social Impact of Judo Practice

• Testimonies

« I think that there is more inside Judo than just sport. I think it's also a philosophy in a way, and I think it's a philosophy that teaches one to treat one's partner with respect. I do this sport with pleasure and still try to practice regularly. Yes, still »

Vladimir Putin



Vladimir Putin and Yamashita Yasuhiro

• Scientific Studies

- Psychology
- Sociology
- Medecine...

« One Hundred Black Belts »

• First program Marseille, **2005** with Jean-Paul Coche Olympic medallist (then generalized to the whole country)

• Groups of 15-20 youngsters (10-15 year old)

• Judo as a means of social integration

• Introduction to the world of work



To create self-esteem,
fight juvenile delinquency,
violent behavior, and drug
abuse



« Toward a Citizen-Conscious Future »



- Since 2006, **1418** judo players

2006	2007	2008	2009	2010	2011	2012	2013	2014
163	165	218	174	140	128	162	119	149

Four-day sessions

- Introduction to police force jobs, first-aid training, sport challenges, information on drugs and illicit products

- With **elite judo players** on work contract with the French Police



Automme Pavia



Loïc Pietri



Examples of Judo Programs for a Better World



IJF Judo for Peace

Botswana, Ghana, Burundi, Lesotho, Palestine, Rwanda...

Brazil, Flavio Canto, judo World Champion, Olympic medalist

Instituto Reação, favela Rocinha, largest favela in Rio de Janeiro

Japan, Yamashita Yasuhiro, SIJENO

To educate youth through judo, to promote the international popularization of judo and realization of *jita kyoei* (mutual prosperity for oneself and others)

Israel-Palestine project (supported by Abe Shinzo and François Hollande)



Results and Requirements

- Individual and social behavior improvements**
- Good efficiency** with juvenile delinquents
- Risk** of sanctuarization of practice places and relocation of delinquency
- Results depending on initial situation
- Positive results closely linked to
 - Long-term financial support**
 - High degree of personal involvement** by actors



European Judo Union
Judo for Peace



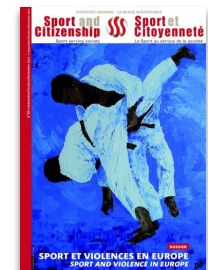
New Orleans Middle Public
Schools programs



2014 Tokyo Juvenile
Judo and Kendo Meet

Conclusion

- The image of judo**
 - Wisdom and self-control
 - Self-improvement for the sake of society
- Judo and martial arts as the **symbol of Japanese contribution to the social control of violence**
- but
 - Judo is educative only if teachers are educators**





ご清聴ありがとうございました
Thank you for your kind attention

